

A HEAVY LITTLE WORD!

Sadly, increasing obesity in our society is also the fate of many of our four-legged friends. Obesity carries a baggage of consequences such as diabetes, heart problems and joint problems. This in turn means a shortened life span, suffering, as well as expenses which could be avoided, or at least delayed by subscribing to a weight loss program. How do you determine if your pet is overweight? The ribs and vertebrae should be felt, not seen. From a top view, you should see a waistline above the abdomen and no swaying belly when the animal walks.

Usually, the extra pounds are the result of feeding habits (quality and quantity of food) and life style (activity level), both of which we totally control. A weight problem can also be caused by illness or by medication intake. This is the reason why you should never embark on a weight loss problem alone. Consult your veterinarian and his/her team for help to guide you to restore your animal's physical condition. They will be able to determine the reasons for the obesity and give you advice on a healthy and safe weight loss program.

More importantly, keep in mind that a diet must be seen as an opportunity to reconnect with your pet and to thank it for being so loyal by improving its quality of life. For advice on a weight loss program for your pet, or for any other questions concerning its health, do not hesitate to contact us at 514 364-1233.

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